ARIZONA ATHLETIC TRAINERS' ASSOCIATION

December 2012

Volume 26, Number 4

The Arizona Athletic Training Times

President's Message

Inside this issue:

Presidents Message	1
Professional Education Committee Update	4
Winter Symposia Information	5
Arizona AT Education Program Updates	10

Special Points of Interest:

- AzATA Award Nominations
- NATA REF BU-SHU Challenge
- AzATA Apparel

I'd like to begin this last newsletter of 2012, and my last newsletter as AzATA president, by congratulating and welcoming the newest members of the AzATA Board of Directors. Winning their races in the fall election were:

President – Michelle Gonzalez
Vice President – David Mesman
College / University Representative - Brandon Warner
Professional / Clinic Representative - Greg Keuter

They join returning Board members:

Secretary - Joanne Scandura (elected to 2nd term
Treasurer – Natasha Anderson (appointed November 2012 to fill a vacancy)
Secondary School Representative – Kristin Miller (elected to 2nd term)

This Board will commence its term at the beginning of the business meeting, scheduled for the morning of Sunday, February 17th during the annual member meeting in Mesa. I wish them much luck and success in their endeavors.

Rolling off the board with me is Vice-President Scott Horton. Scott has served 3 consecutive terms on the Board: one as my VP, and 2 before that as the treasurer. He has decided to spend more time with his young family; a commendable decision that demonstrates that his priorities are in order. But, what his family gains in the benefit of his time and attention, the Association will most surely lose. Scott has become the heart of this Association, which depends greatly on his effort and knowledge as it conducts its business. He is intimately familiar with almost every aspect of Association operations, and is tireless in his passion and effort on behalf of its members. While challenging, my term as president would have been impossible without him. When nobody else had the answers – Scott did. When nobody else had the time – Scott did. I can say without hesitation that I anxiously look forward to the day when President Horton returns to the Board to lead this association. Enjoy the breather Scott, and hurry back soon!

You'll be able to thank Scott for his service and meet the new and current members of the board at the 2013 Annual Symposia and Business Meeting, to be held at the East Valley Institute of Technology in Mesa on February 16th & 17th 2013. Registration is now open at the AzATA website (http://azata.net), and additional information is provided in this newsletter. We look forward to seeing you there.

On behalf of all of the AzATA Board, please accept my warmest wishes for a happy and healthy holiday season, and for the best of luck in the New Year.

John

John Parsons, PhD, ATC, AT
President, AzATA

Mark Your Calendars

- **January 11-13, 2013**

  NATA Athletic Training Educators' Confrerence
  Dallas TX

- **January 20, 2013**

  PF Chang's Rock-n-Roll Marathon and 1/2 Marathon
  Tempe / Phoenix

- **February 16-17**

  36th Annual AzATA Winter Meeting
  East Valley Institute of Technology, Mesa, AZ

NATA Foundation

Student Associations Encouraged to Join the BU-SHU Challenge

Actively Supporting The NATA Research & Education Foundation

PURPOSE
Boston University and Sacred Heart University challenge all athletic training student groups to compete in raising money for the NATA Research & Education Foundation. The purposes of this challenge are to generate funds supporting research that lead to the best practice of athletic training, and to expose athletic training students to the world of research and the value of supporting research.

WHAT
All athletic training student groups at individual institutions are invited to compete. Initial contact will be made with program directors, who will issue the challenge to their respective student leaders. Student groups will then organize and implement fund-raising campaigns during the academic year. The money raised from this initiative will go to the unrestricted accounts of the NATA Foundation.

www.natafoundation.org

Call for Award Nominations

The honors and awards committee is now accepting applications for AzATA awards and scholarships to be presented at the Annual Winter Symposia during the Awards Banquet on Sunday February 17th, 2013. The following awards and scholarships are available for nominations:

Lanny Williams Scholarship
Michael E. Nesbitt Scholarship
Non-Certified Service Award
AzATA Service Award
Warren H. Lee Athletic Trainer of the Year Award
Richard T. Ball, Esq., Lifetime Achievement Award
AzATA Hall of Fame Award

For more information on these awards, or to download a nomination form, visit http://www.azata.net
Please email, fax, or mail all nominations to:
Jeff Haynes, M.Ed., ATC, LAT
Central Arizona College
8470 N. Overfield Road

A special "Thank You" to Centennial Sales for their continued financial support of the AzATA!

CENTENNIAL SALES
YOUR ROCKY MOUNTAIN SPORTS MEDICINE SOURCE

Please visit their website for all of your Athletic Training Supply Needs:

www.centennialsales.com

Update from the Professional Education Committee

Planning for the AzATA annual Winter Symposia is well underway. The PEC received several proposals for presentations this year, and along with member feedback from previous meetings, has put together what we believe to be another excellent two day CE event. Highlights of the upcoming meeting include:

- Several team physicians who will be speaking on various types of orthopedic injuries, and providing information to ATs to improve their on-field management and referral skills.

- Arizona Board of Athletic Training Update - This is a great opportunity to learn more about the ABAT and how the board is working to help you and the profession!
  Includes information on the new proposed rule changes to Arizona Athletic Training
  Information on how the ABAT works through disciplinary cases
  Updates on Arizona Statutes
  And a Question and Answer Session with ABAT Chair, Mike Nesbitt

We are also excited to announce that the High School Quiz Bowl has been reformatted to a 'Jeopardy' style team competition, and will be held Sunday afternoon following the general session programming. Make plans now to attend and support your high school students.

Regular Registration continues for the Winter Symposia through the end of January. Meeting information can be found in the following pages of this newsletter, or online at http://www.azata.net.

Don't delay, register today!

Barton Anderson, MS, ATC
Chair, Professional Education Committee

36th Annual AzATA Winter Symposia

February 16-17, 2013

East Valley Institute of Technology – Mesa, AZ.

Tentative Schedule - Saturday, February 16th – 6.0 CEU's

10:00 a.m.	**Registration and Exhibits Open**
10:50 – 11:00	**Welcome / Meeting Overview**
11:00 – 12:00	**Pediatric Sports Injuries** *Michael Vaughn, MD*
12:00 – 1:00	**Evaluation and Referral of Hip Injuries** *Gary Waslewski, MD*
1:00 – 2:00	**Topic TBD** *TBD*
2:00 – 2:30	**Exhibitor Break – Snacks Provided**
2:30 – 3:30	**Evaluation and Referral of Hand and Wrist Injuries** *Scott Frankel, MD*
3:30 – 4:30	**Topic TBD** *TBD*
4:30 – 5:30	**Management of Traumatic and Non-Traumatic Conditions of the Eye** *Jeff Flack, MS, AT*
6:00 p.m.	**AzATA Social – Dave and Busters (Upper Patio) – Tempe Marketplace**

Tentative Schedule - Sunday, February 17th – 5.0 CEU's

7:00 a.m.	**Registration and Exhibits Open**
7:50 – 8:00	**Welcome / Meeting Overview**
8:00 – 8:30	**Current Issues in Athletic Training** *John Parsons, PhD, AT*
8:30 – 9:30	**TBD** *TBD*
9:30 – 10:00	**Exhibitor Break / Vendor Give Away**
10:00 – 10:30	**Sports Medicine Advisory Committee Update / Arizona Concussion Registry** *Javier Cardenas, MD*
10:30 – 11:15	**Arizona Board of Athletic Training Update** *Michael Nesbitt, ATC – Chair, ABAT*
11:15 – 12:00	**AzATA Business Meeting**
12:00 – 1:30	**Lunch / AzATA Award Presentations - Lunch Provided**
1:30 – 2:30	**NATA Employer Survey: Impact of 2004 Education Reform** *Debbie Craig, PhD, AT; Scot Raab, PhD, AT*
2:30 – 3:00	**Developing a Return to Throwing Progression for Overhead Athletes** *Mark Heichelbech, MS, AT*
3:00 – 3:30	**Exhibitor Break / Vendor Give Away**
3:30 – 4:45	***AzATA High School Quiz Bowl***

APPROVED CE BOC PROVIDER

The AzATA is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. A total of 11.0 CEU's will be provided for those attending the entire duration of the meeting. This event is classified as Essential Level CE by the BOC

High School Student Sessions – Sunday

High School sessions will include programming for both the morning and afternoon leading up to the Quiz Bowl. Topics Include:

Interactive Case Studies
Supplements in Athletic Training
Athletic Training College Program Roundtable Discussion
Functional Movement Screening Lab
Gait Analysis Lab / Core Stability Training Lab

AzATA High School Athletic Training Quiz Bowl

The AzATA's Professional Education Committee is pleased to announce the new and improved **"*AzATA High School Athletic Training Quiz Bowl*".** The Quiz Bowl will be held at the Winter Meeting on Sunday, February 17th at the conclusion of the General Session. This years redesigned Quiz Bowl will feature a Jeopardy Style Game Show format, in which teams of 4 AT Student Aides from Arizona high schools will complete in the area of general athletic training knowledge. Quiz Bowl questions will consist of topics from the day's sessions as well as general Athletic Training skills and knowledge. Prizes will be awarded to the top three teams competing.

- The Quiz Bowl will be open to teams from any Arizona high school
- Team Size – Up to 4 participants per team.
- ALL schools are encouraged to participate
- **Deadline for submitting team rosters is 1/31/2013**
- **To compete, first register your students for the symposia, then email team rosters to Barton Anderson (banderson@atsu.edu) before 1/31/2013**

Questions pertaining to the Quiz Bowl can be directed to: Barton Anderson (banderson@atsu.edu) or Scott Horton (shorton@pima.edu)

Additional rules and information on the Quiz Bowl will be posted to the AzATA website by January 1st.

2013 AzATA Winter Symposia Registration Form

(Online registration available November 15th at www.azata.net)

Registration Category	Early Registration Nov. 15 – Dec. 15	Regular Registration Dec. 16 – Jan. 31	Late Registration Starting Feb 1
Member Saturday Only	$45.00	$65.00	$90.00
Member Sunday Only	$65.00	$85.00	$110.00
Member Saturday/Sunday	$90.00	$110.00	$135.00
Non-Member Saturday Only	$90.00	$110.00	$135.00
Non-Member Sunday Only	$105.00	$135.00	$160.00
Non-Member Saturday/Sunday	$180.00	$220.00	$245.00
Post-Professional Student Saturday Only	$35.00	$60.00	$85.00
Post-Professional Student Sunday Only	$50.00	$75.00	$100.00
Post-Professional Student Saturday/Sunday	$60.00	$85.00	$110.00
Professional Student Saturday Only	$20.00	$45.00	$70.00
Professional Student Sunday Only	$35.00	$60.00	$85.00
Professional Saturday/Sunday	$50.00	$75.00	$100.00
Associate Member Saturday Only	$45.00	$70.00	$95.00
Associate Member Sunday Only	$65.00	$90.00	$115.00
Associate Member Saturday/Sunday	$100.00	$125.00	$150.00
Retired Member	$20.00	$20.00	$45.00
High School Student	$35.00	$35.00	$60.00
Exhibitor	$250.00	$250.00	$250.00

Name / Credentials

Place of Employment

Address

City

Zip

BOC Certification #

Registration Category

Amount Enclosed

- Please circle the category for which you are registering.
- Early registrations must be postmarked on or before 12/15 to avoid regular registration fees.
- Registration on or after Dec. 16th, must be postmarked on or before Jan. 31st to avoid late registration fees.
- Refunds will be given before January 31st with a written request to Natasha Anderson. (treasurer@azata.net)
- FULL PAYMENT MUST ACCOMPANY REGISTRATION FORM.
- Registration will not be processed until all fees are paid-in-full.
- **Membership will be verified using the latest NATA/AzATA records. Individuals whose membership lapses prior to the start of the Winter Meeting will receive an invoice at the time of check-in in the amount of the difference between member and non-member registration for the category and day/days for which he/she registered.**
- A fee of $10.00 will be assessed for any returned check.
- Recommended meeting attire is professional dress.
- If you have a special need, please notify the Professional Education Committee Chair at least 2 weeks prior to the meeting so that appropriate accommodations can be made.

The AzATA no longer provides printed handouts for the Winter Meeting. Presentation handouts will be available to download off of the AzATA website (www.azata.net) approximately one week before the meeting. A reminder email will be sent to the email address on file with the AzATA to inform you that presentation materials are available for downloading.

Please make checks/PO's payable to: **AzATA**

Mail completed form and payment to:

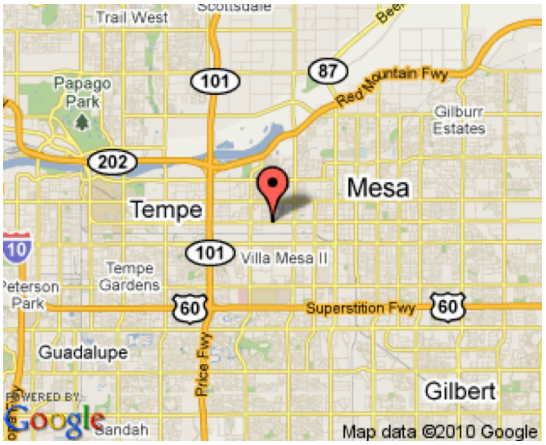
Natasha Anderson
3724 N. 104th Ave
Avondale, AZ, 85392

Meeting Location:
East Valley Institute of Technology
1601 W. Main St.
Mesa, AZ. 85201

Programming questions can be directed to the PEC Chair: Barton Anderson
banderson@atsu.edu

Exhibitor questions can be directed to Sam Lloyd
slloyd9@cox.net

East Valley Institute of Technology
1601 W. Main St.
Mesa, AZ. 85201



Hotel Information

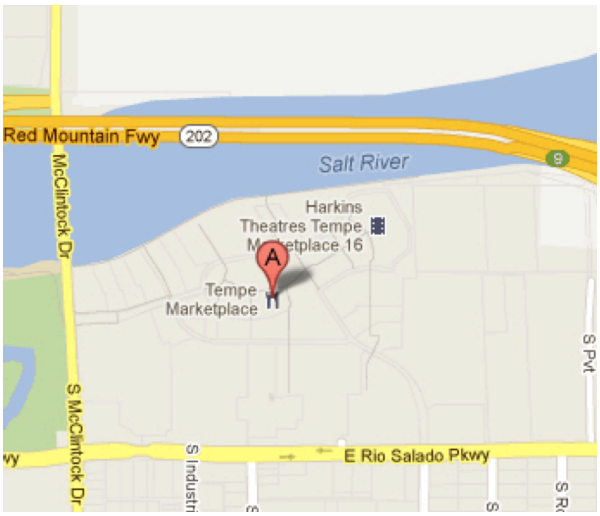
Hyatt Place
1422 W. Bass Pro Dr.
Mesa, AZ 85201
(480) 969-8200
Room Rate $129/night + 15.02% tax
Request AzATA Rate
Reservations must be made by January 20th, 2013

Courtyard Marriott Phoenix/Mesa
1221 S. Westwood
Mesa, AZ 85210
(480) 461-3000
Room Rate $139/night +15.02% tax
Request AzATA Rate
Reservations must be made by January 18th, 2013

AzATA Social

Dave and Busters
Tempe Marketplace

2000 East Rio Salado Parkway, Tempe, AZ 85281



AzATA Clothing Sales

The AZATA has teamed up with Desert Sun Embroidery to offer our membership AZATA polos and fleeces with the profits going towards the general fund. Ron Kordonowy is the contact and you can e-mail him for more information. To check out the different clothing that is available, visit:

www.desertsunembroidery.com

Search the following item # to view colors and sizing options - all of the polos are Dri-fit material

* T475 - Men's Sport Tek Polo
* L475 - Women's Sport Tek Polo
* T469 - Men's Sport Tek
* L469 - women's
* T467 - Men's Lined Fleece Jacket
* L467 Women's Lined Fleece Jacket
* F243 men's sizes only xs-4xl

Prices for polos are $28.97 which includes tax
Jackets are: $34.34 which includes tax

If there are any other items on the website you would like to add the AZATA logo on, please contact Ron for additional information and pricing at RSKatc@cox.net

Ron Kordonowy, ATC/L

AT Still University - AT Program News

The ATSU Athletic Training Student Association has been very busy this fall, reaching out to the community, fundraising, and preparing for upcoming events. In November, ATSA held a Hurricane Sandy Donation Drive on campus and raised $85.42 for the Hurricane Sandy Victims. ATSA also collected 83 units of blood combined at two recent blood drives. Three additional blood drives will be held in 2013.

ATSA will be spreading holiday cheer by fulfilling a handful of children's wish lists through Christmas Angels through the Salvation Army. ATSA is also currently hosting a Salvation Army clothing donation from December 3rd -20th on campus.

A.T. Still University recently hosted in a campus-wide Interprofessional Case Competition, in which students from different healthcare programs analyzed a real world patient case. Three first year ATSA members, Michelle Weber (2nd Place team), Suzie Aparicio (tied for 3rd place team), Nicole Harshbarger (final participant) represented the program in this competition.

The students shared their thoughts on the experience and on interprofessional collaboration:

> "From being involved in the competition I learned the value of having a team that not only works well together but is willing to listen and learn from each other. I believe this is important to healthcare as a whole, since each patient is unique and may need more than just one person or profession to provide care. In the end we are all working for the common goal of returning the patient to a status of full health and in order to reach this we should be working together." –Nicole

> "From the competition, I learned that it is ok to ask for help. We work with team physicians, school nurses, EMTs, family physicians, along with many, many others. As a profession, we have to be open to the idea of working with others. It might just turn out that a different medical professional is better to help treat the patient. It is difficult to realize that at times, but ultimately, we are to put the patient first." –Michelle

> "From this competition, I developed more appreciation for fellow health care professions. In order to achieve the best outcomes for a patient, we need to be able to efficiently communicate with other professions and with the patient. We also need to be able to respect the involvement of each member of the healthcare team." –Suzie

On May 4-5, 2013 the A.T. Still University campus in Arizona will be hosting an American Cancer Society event called, "Relay For Life." The mission of the American Cancer Society is to eliminate cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer. This is achieved through research, education, advocacy, and service. Relay For Life is the American Cancer Society's signature activity that serves to increase awareness, recognize and celebrate survivors and caregivers, remember those who lost the cancer battle, and encourage grassroots involvement in the fight against cancer. The funds raised play a significant role in helping accomplish many of the Society's recent accomplishments especially in the local community.

The American Cancer Society Relay For Life represents the hope that those lost to cancer will never be forgotten, that those who face cancer will be supported, and that one-day cancer will be eliminated. Members of the Athletic Training Student Association are the backbone to the 1 st Annual Relay For Life at A.T. Still. Cancer never sleeps and nor will we! For more information about Relay For Life or to make a donation, go to: www.relayforlife.org or contact Bridget Spooner ATC, AT @ bspooner@atsu.edu .

ARIZONA ATHLETIC TRAINERS' ASSOCIATION

Barton Anderson, MS, ATC
AzATA Association Publisher
A.T. Still University
5850 E Still Circle
Mesa, AZ 85206

Phone: 480-219-6033
Fax: 480-219-6100
E-mail: banderson@atsu.edu

Visit us on the web
www.azata.net

Printed copies of the Athletic Training Times are available by request. Please contact the newsletter editor.

AzATA Leadership Directory

President
John Parsons, PhD, ATC, AT
jparsons@atsu.edu

Vice President
Scott Horton, AT/L
scott.horton@pima.edu

Secretary
Joanne Scandura, ATC
jscandura@setonchs.org

Treasurer
Chris Murphy
azatatreasurer@gmail.com

Clinical / Professional Representative
Matt Anderson, AT/L
atc2pac@cox.net

College / University Representative
Danelle Dykstra Wade, MS, AT/L
danelle.dykstra@smcmail.maricopa.edu

High School Representative
Kristin Miller, AT/L
Kristin.miller@prca-tucson.edu

Editor's Notes

Please send any stories and pictures for inclusion in the quarterly publication to banderson@atsu.edu or saparicio@atsu.edu

As always, I welcome your comments, suggestions, and submissions. Together, we can keep each other informed.

Until Next Time,

Bart

Barton Anderson, MS, ATC, AT
AzATA Association Publisher

The newsletter is published 4 times throughout the year (March, June, September, and December) with the deadlines for submission for each issue listed below.

Issue	Submission Deadline
March	February 20
June	May 20
September	August 20
December	November 20