

# THE ROLE OF NATUROPATHIC MEDICINE IN SPORTS MEDICINE

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MY STORY

## PHILOSOPHIC ALIGNMENT



Naturopathic physicians were licensed in Arizona in 1935. Arizona has one of the seven accredited schools in Tempe.

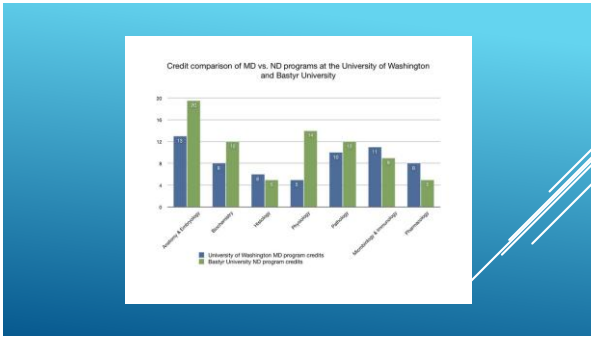


ANNUAL CME'S:  
30 TOTAL WITH 10 OF THOSE IN PHARMACY AND 3 RELATING TO OPIOIDS



## WEBINARS ON SPORTS MEDICINE





### WHAT'S THE DIFFERENCE BETWEEN A LICENSED NATUROPATHIC DOCTOR (ND) AND A NATUROPATH?

LICENSED ND	NATUROPATH
Primary care provider who is trained to diagnose, prevent and treat acute and chronic illness	Can serve as a health consultant or wellness coach, but may not diagnose or treat illness
Over 4000 hours of instruction	Classes offered mostly online
Graduates from their own 4-year college before the program and undergo the same rigorous medical education (MD) which is recognized by the Department of Health	No standard curriculum, and the schools are not accredited/CHAC
1200 hours of supervised, hands-on clinical training	Not standardized, on-site clinical training
Can work in private or group practices, long-term medical care, hospitals, medical clinics, and other governmental organizations	Not eligible to work in the MD or ND field (cannot open or obtain license to practice in the U.S.)

**BOTH**  
The skills obtained in natural medicine and naturopathy are able to give clients an empowered status and prevention.

BASTYR UNIVERSITY [www.bastyr.edu](http://www.bastyr.edu)

## PRE-PARTICIPATION PHYSICALS

**91**

**The Anthony Bates Foundation**

Screening Young Hearts...Saving Young Lives™



## NATUROPATHIC APPROACH TO CARE



### MSK CASE-NICK

High School pitcher, quarterback  
avulsion fracture  
medial malleolus



### MONO-NICHOLAS

Splenohegaly



### TBI-KORTNEE

High school track, soccer,  
multiple mTBI's



THANK YOU SO MUCH FOR SPENDING TIME WITH ME TODAY!! I LOOK FORWARD TO WORKING TOGETHER TO IMPROVE THE HEALTH OF AZ ATHLETES!