



Winter 2023 Symposium

Saturday January 28, 2023

TIME	Main Hall	Breakout	Breakout	Breakout	Breakout	Vendor Hall Canyon HEC
	Winter 2023 Symposium	Canyon AB	Agua Fria	Arroyo	Madera	
7:00 AM	Registration					
7:50 AM	Welcome & Vendor Introductions					
8:30 AM	Identifying the Causes of Pain and The Impact on the Plan of Care - Brandon Warner, M.Ed., LAT, ATC, NAT, PES, CES	Balance Testing and Treatment for the Vestibular Domain in Sport Related Concussion - Amy Alexander, PT	Session 1: Suturing Workshop - Lynzi Warner MSPAS, PA-C, ATC/L	AT Tough Conversations and How to Prepare for Them - Scot Raab, PhD, AT, LAT, CCD	Improving Education on UCL Repair Recommendations - Bilianna DeLeon ATC	
9:25 AM						
9:30 AM	Cultural Competency: Interacting with Native/Indigenous Athletes - Muriel Tsosie ATC & Alyssa Fredericks MS, ATC	Mini-Session: 1. Treatment of acute and chronic pain with Instrument Assisted Soft Tissue Mobilization 2. Evidence Based Approach to Best Practices for Cupping Therapy - S. Andrew Cage EdD, LAT, ATC, CES, PES, CCT & Brandon Warner, M.Ed., AT, ATC, NAT, PES, CES	Session 2: Suturing Workshop - Lynzi Warner MSPAS, PA-C, ATC/L	Meaningful Accountability Conversations (HR Perspective) - Hank Roberson		
10:25 AM						
10:30 AM	Assessing and Treating Exercise Intolerance after Concussion - Mo Mortazavi, MD		Oculomotor Deficits and Vision Focused Rehabilitation for Concussion - Monica Pita MAT, LAT, ATC	PHQ-4 Application - Lindsey Loughran MEd, ATC	BOD Engagement Session ø No CEUs ø Not recorded	
11:25 AM						
11:30 AM	★ Keynote Speaker ★ René Revis Shingles PhD, AT, ATC					Vendor Hall
12:25 PM						
12:30 PM	Lunch Honors and Awards Banquet					
1:55 PM						
2:00 PM	OWNing Leadership - Kimberley L Watson, PhD, PMP	Student Athlete Mental Health Awareness - Angela Shaba, PhD, LPC	Session 3: Suturing Workshop - Lynzi Warner MSPAS, PA-C, ATC/L	Caring for the Industrial Athlete - Greg Keuter, MS, ATC, PES, EIS	The Implications of Insurance Status on Access to Orthopedic Healthcare - Alexandra Burcham, MSAT, ATC	
2:55 PM						
3:00 PM	Sign of the Times: Naloxone Indications, Use and Your Standing Orders - Michelle Gonzalez, MS AT	Muscle Energy for the Pelvis and Sacrum - Kendall Stewart, DAT, MS, LAT, ATC, CES, PES	Balance Testing and Treatment for the Vestibular Domain in Sport Related Concussion - Amy Alexander, PT	Being an Ally as an Athletic Trainer - Megan DeHaven, MS, LAT, ATC, CSCS	Crucial Conversations Roundtable Lindsey Loughran MEd, ATC, Hank Roberson, Scot Raab, PhD, AT, LAT, CCD, Kimberley L Watson, PhD, PMP	
3:55 PM						
4:00 PM	DEI Roundtable - René Revis Shingles PhD, AT, ATC, Muriel Tsosie ATC, Alyssa Fredericks MS, ATC, Alexandra Burcham, MSAT, ATC, Megan DeHaven, MS, LAT, ATC, CSCS	MSK Ultrasound of the Rotator Cuff - Austin Goodrich, MS, AT, RMSKS	Barrow: Vision Evaluation and Therapy following a Concussion - TBD	Culture Index Results Kimberley L Watson, PhD, PMP ø No CEUs ø Not recorded	BOD Engagement Session ø No CEUs ø Not recorded	
5:00 PM						
6:00 PM	★ Casino Night Fundraiser ★					
9:00 PM	Benefitting Governmental Affairs Committee					



Arizona Athletic Trainers' Association

Winter 2023 Symposium: Sunday January 29, 2023

TIME	Virtual on Zoom
8:00 AM	◆ Zoom Opens ◆
8:25 AM	◆ Welcome & Introduction ◆
8:30 AM	Arizona Interscholastic Association (AIA) Sports Medicine Advisory Committee (SMAC) Update - Kristina Wilson, MD & David Hines, AIA Executive Director
9:25 AM	
9:30 AM	Updates from the 6th International Consensus Conference - Tamara Valovich McLeod, PhD, ATC, FNATA
10:25 AM	
10:30 AM	Athletic Training in Public Safety: Fire Nicholas Anderson MA, ATC, CSCS
11:25 AM	

11:30 AM

Heat Research in Arizona: Future Direction & Clinical Pearls -

Hayley J. Root, PhD, MPH, ATC

12:25 PM

12:30 PM

◆ Lunch ◆

1:00 PM

UndocuALLY: An Athletic Trainers' Guide to Supporting Student Athletes and Patients that are Undocumented -

Carolina Quintana PhD, ATC

1:55 PM

2:00 PM

Using Light Therapy, Red and Blue LED's, for the treatment and recovery of soft tissue injury -

Aaron Wells, PhD, ATC

3:00 PM

◆ End of Programming ◆

Programming Categories

Category	Pain Management
Category	DEI
Category	Crucial Conversations
Category	Concussion
Category	Setting Specific
Category	Ortho & Skills