

THE ARIZONA ATHLETIC TRAINING TIMES

President's Message



Holiday season is upon us again... including trying to balance endless tournaments and late evenings with our commitments to family and friends. With that in mind, I would like to forget about the stresses of the winter season and reflect on the good things I have seen in the field of Athletic Training.

I am thankful for our AzATA Board of Directors. There is a wide range of backgrounds and life experiences that make our meetings dynamic and provide well-balanced feedback. Every person elected to his or her position has the common goal of making your membership in the AzATA a positive experience.

In addition, I am thankful for our state Committee Chairs and the Committee Members who step up, think outside the box, and get things done when they need to. On that note, I would like to welcome Alison Snyder Valier as the newly appointed Governmental Affairs Chair, taking over for John Neel. Alison will work in conjunction with John Parsons to make sure our professional needs are looked after by Arizona legislators.

I am thankful for the marvelous job that Bart Anderson has performed over the past few years as both the AzATA Newsletter Editor and Professional Education Chair. He has decided to step back and concentrate on the PEC; and is handing Newsletter duties over to Jacqueline Heeman. She is excited to take over and spread the positive news about our colleagues here in Arizona. Please let Jacqueline know about activities or events in which Arizona ATs are involved with, however insignificant it may seem. Remember that we are our biggest fans; and in a profession in which we mainly stay in the background, it is great when we can show our support for our fellow ATs.

I am thankful for those ATs who participate or have participated in various committees and organizations such as the NATA, RMATA, AzBAT, CAATE, HOSA, AIA, and local/regional educational councils. You choose to better the education, research, and profession of athletic training for ATs, future health care professionals, and our patients through your efforts.

I am thankful to athletic training mentors- both past and present. These are people who care enough to help ATs grow in the profession. They provide knowledge, guidance and the occasional kick in the rear when needed. They also paved the way for current ATs to enjoy the fruits of their hard work and effort through improved education, legislation, and establishing organizations representing ATs. Many of us would not be where we are without our mentors.

Finally, I am thankful for you, my athletic training colleagues who, more often than not, put the needs of your athletes and patients in front of your own needs. Although we all try to establish a healthy balance between personal and professional lives, our roles as health care providers tends to be ingrained in our personality. You care for other people's children as though they were your own; and speaking as a parent, I thank you for that diligence and professionalism.

The AzATA Winter Symposium will be held this year at the ASU Memorial Union in Tempe on January 25-26. Bart and the PEC have put together a great list of topics including some best practices sessions on Saturday. Sunday's session will close this year with the Awards Luncheon and Business Meeting. Our PEC High School Symposium Coordinator, Leah Oliver, has been working in conjunction with Jane Shovlin, Arizona HOSA Director, to provide a sports medicine regional activity to those of you who have desired to combine high school student education with HOSA. Please see the Symposium information and registration information provided later in this newsletter and I hope to see you in Tempe.

Sincerely,

Michelle

Michelle Gonzalez
AzATA President

Volume 27, Issue 4

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New Report Released on Sports-Related Concussions in Youth

Results of an extensive report on concussion in youth sports were presented at a press conference in Washington, DC. on Oct. 30. NATA and NATA Research & Education Foundation participated in and provided partial funding of the study, conducted by the Institute of Medicine and National Research Council. NATA member Tracey M. Covassin, PhD, ATC, assistant professor of kinesiology and director at Michigan State served on the committee and was one of the featured presenters. Tamara McLeod, PhD, ATC, professor of athletic training at A.T. Still University, served on the review committee.

The event highlighted several key areas. In particular, the major focus on the importance of culture change and acknowledgement of the seriousness of concussions. The committee recommended that several organizations, including NATA, work to develop large-scale efforts to increase knowledge about concussions and change social norms, attitudes and behaviors, from elementary school through college.

Pre-publication copies of Sports-Related Concussions in Youth: Improving the Science, Changing the Culture

http://www.nap.edu/catalog.php?record_id=18377 are available from the National Academies Press on the Internet at <http://www.nap.edu> or by calling tel. 202-334-3313 or 1-800-624-6242.



To view coverage, please go to:

PBS News Hour:

<http://video.pbs.org/video/2365111194/>

Huffington Post:

http://www.huffingtonpost.com/2013/10/30/concussions-young-athletes_n_4177757.html

New York Times

<http://www.nytimes.com/2013/10/31/sports/football/nfl-roundup.html>

Jack Cramer Scholarship



The nominations for the Jack Cramer Scholarship are being extended to December 31, 2013. The purpose of this awarded to give High School Athletic Training students, who have a career goal of working in the Secondary School setting as an athletic trainer, the opportunity to continue their education at the colligate level.

Please take the time nominate your deserving students.

Last year, District 7 had a very respectable pool of candidates and two of the three semi-finalists. Please use this website to view the application: nata.org/content/Jack_cramer_scholarship_application.

In addition please check out the Lanny Williams Scholarship and the Michael E. Nesbitt Scholarship information on the Azata website at http://www.azata.net/awards_scholarships/nominating.

Strategic Alliance Statement

Legal and Ethical Responsibility to Report Unregulated Practice

FOR IMMEDIATE RELEASE - November 11, 2013 - Omaha, NE - The leadership of the Strategic Alliance, which includes the Commission on Accreditation of Athletic Training Education (CAATE), the National Athletic Trainers' Association (NATA), the NATA Research and Education Foundation and the Board of Certification, Inc. (BOC), has concluded that it is necessary to issue a formal statement to remind institutions, employers, Athletic Trainers (ATs) and athletic training students that the practice of athletic training by unregulated individuals must be reported to the appropriate regulatory authorities. Just as unregulated practice is unethical and unprofessional, so is the failure to report this practice. Regulatory mechanisms exist to protect the public and to ensure safe and effective athletic training practice. ATs have both a legal and ethical responsibility to protect the public from those who engage in the practice of athletic training without a proper authorization from a state regulatory agency.

The Strategic Alliance has the responsibility to strongly advocate against the practice of athletic training without proper authorization from a state regulatory agency. The BOC notes a four-fold increase from 2011 to 2012 in the number of disciplinary cases against ATs who were found to have practiced without proper authorization from a state regulatory agency. Additionally, through the course of accreditation site visits, CAATE site visitors have observed the practice of athletic training by persons without a state credential and reported these individuals to the BOC and the appropriate state regulatory agency. Violations of state AT regulations are a breach of the *NATA Code of Ethics*. One of the fundamental characteristics of a healthcare profession is that practitioners are subject to regulatory control. ATs are responsible for the safety of their patients and to the profession. Adherence to legal and ethical standards is vital to the provision of safe and effective patient care and protects the credibility of ATs who practice legally.

An AT who has direct knowledge that an individual is practicing athletic training without state credentials, practicing outside of the scope of their state AT practice act, or is not adhering to the *BOC Standards of Professional Practice (BOC Standards)*, must report the violation to the appropriate state regulatory authority and the BOC via publicly available reporting mechanisms. The *BOC Code of Professional Responsibility 3.5* describes this responsibility as:

“The Athletic Trainer or applicant reports any suspected or known violation of a rule, requirement, regulation or law by him/herself and/or by another Athletic Trainer that is related to the practice of athletic training, public health, patient care or education.”

This ethical duty to report is a common obligation for regulated healthcare professionals. Failure by an AT to report known violators represents a failure to protect the public and the profession. Furthermore, failure to report will result in disciplinary action by the state and/or the BOC. In addition, a program will be subject to disciplinary action if a person associated with a CAATE accredited program fails to report illegal athletic training practice.

To report unlawful AT practice please file a complaint with the BOC. Information about filing a complaint is available at www.bocac.org/public/consumer-complaints.

Read more at

<http://www.bocac.org/news-publication/media-room/12-press-releases/353-press-release-joint-statement-on-reporting-unregulated-practice>

AzATA Award Nominations

It is that time of the year when we reflect and give thanks to the people who have influenced us over the course of this year, or even our careers. Please take a moment to read through the possible awards for this year and nominate your colleague accordingly. Nominations are due December 20, 2013. So don't delay, nominate today!

AzATA Service Award

The AzATA Service Award is given to an athletic trainer for their continued efforts, time and skills as it relates to improvement of the profession of athletic training. Those efforts can include but are not limited to serving on committees, working with licensure board, serving as an officer within the AzATA, etc.

Non-Certified Service Award

This award will go to one non-athletic trainer individual whose contributions positively impact the profession and/or association. Examples could include but are not limited to athletic directors, coaches, or parents. Nomination letters should include the person's contributions and why this individual is deserving of this award.

Warren H. Lee Athletic Trainer of the Year Award

The Warren H. Lee Athletic Trainer of the Year Award is given to an individual who has helped elevate the status of our profession at the state level and set themselves apart as an outstanding athletic trainer. It is intended for an individual who has contributed to the profession, association, place of employment and the community beyond the call of duty.

AzATA Hall of Fame Award

The AzATA Hall of Fame Award is the highest honor we bestow upon our members. It recognizes individuals that have shaped the profession through their noteworthy accomplishments and dedication to service, leadership and professionalism. Every so often a truly gifted person comes along whom, by genius, hard work, and exceptional talent sets themselves apart and distinguishes themselves as the very best of our profession.

Please visit: http://www.azata.net/awards_scholarships/nominating for more information about awards. In addition please email questions and award information to:

Johanna Elliot

johanna.elliott@azwestern.edu



A special Thank You to Centennial Sales for their continued Financial Support of the AzATA!

Please visit their website for all of your Athletic Training Supply Needs:

www.centennialsales.com

Professional Education Committee Update

The PEC has been hard at work preparing for the 37th Annual AzATA Winter Symposium. This year's meeting will be held at the ASU Memorial Union in Tempe, January 25th-26th, 2014. Saturday will feature both general topic speakers in the morning, as well as a "Best Practices in AT" session for the afternoon. Sunday includes historical, administrative, and clinical topics. The annual AzATA awards banquet and business meeting will be conducted on Sunday. Please be sure to nominate those students and colleagues who you feel are worthy of recognition. More information for both the symposium agenda and award nominations can be found in this newsletter, or by visiting www.azata.net

As you are likely aware, new CEU requirements are being implemented by the BOC for the next reporting cycle. One of these requirements includes the completion of 10 Level 1 - EBP CEUs per two year cycle. Programs that qualify for EBP CEUs must be approved individually by the BOC after an application process. Unfortunately, due to the review timeline and planning for the winter symposium, the AzATA will not be offering Level 1 - EBP CEUs at this years winter symposium. The PEC committee is currently in the process of planning for the summer meeting, and it is our intention to apply for EBP approval for the summer symposium programming.

Anyone interested in presenting a hands on clinical topic at the summer meeting is encouraged to send proposals to banderson@atsu.edu. Requirements for EBP programs can be reviewed at <http://www.bocac.org/approved-providers/ebp>. The PEC will actively work with any accepted speakers to provide guidance for the EBP CEU application.

If you haven't yet registered for the Winter Symposium, I'd encourage you to do so today. Registration fees will increase on January 1st. Best wishes for a happy and safe holiday season, and I hope to see you at the Symposium in January.

Barton Anderson
Chair, Professional Education Committee



37th Annual AzATA Winter Symposia

January 25-26, 2014

Arizona State University Memorial Union, Tempe, AZ.

Saturday, January 25th – 6.0 CEU's

- 8:00 a.m.** **Registration and Exhibits Open**
8:50 – 9:00 **Welcome / Meeting Overview**
9:00 – 10:00 **Hamstring Injuries Can Be A Real Pain In The Butt**
Gary Waslewski, MD
10:00 – 11:00 **Foot Pain! A Guide to Commonly Missed Foot/Ankle Complaints**
Lloyd Barker, PAC, MBA
11:00 – 12:00 **Topic TBD**
TBD
12:00 – 1:00 **Lunch (on own) / Exhibitor Break**
1:00 – 1:45 **Best Practices – Technology in Clinical Practice**
Chris White, MS, AT, ATC
1:45 – 2:15 **Best Practices – Heat and Hydration Strategies**
David Hayward, MS, AT, ATC
2:15 – 3:00 **Best Practices – The Value Model and Facility Standards**
Lanny Bradford, MS, AT, ATC
3:00 – 3:30 **Best Practices – Recruiting and Organizing Student Aides**
Scott Horton, AT, ATC
3:30 – 4:00 **Best Practices Roundtable**
6:00 p.m. **AzATA Social – Location TBD**

Sunday, January 26th – 4.0 CEU's

- 8:00 a.m.** **Registration and Exhibits Open**
8:30 **Welcome / Meeting Overview**
8:30 – 9:15 **The Early History of Athletic Training**
Matt Weber, AT, ATC
9:15 – 9:45 **Sports Medicine Advisory Committee Update / Barrow Concussion Network**
Javier Cardenas, MD
9:45 – 10:30 **Hip Femoroacetabular Impingement**
Tyler Collins, MD
10:30 – 11:30 **TBD**
TBD
11:30 – 12:30 **Beyond Your Basic Emergency Action Plan**
John Valencia, AT, ATC, CSCS
12:30 – 1:30 **Lunch / AzATA Business Meeting & Award Presentations - Lunch Provided**



The AzATA is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. A total of 10.0 CEU's will be provided for those attending the entire duration of the meeting. According to the education levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Essential Level.

2014 AzATA Winter Symposia Registration Form

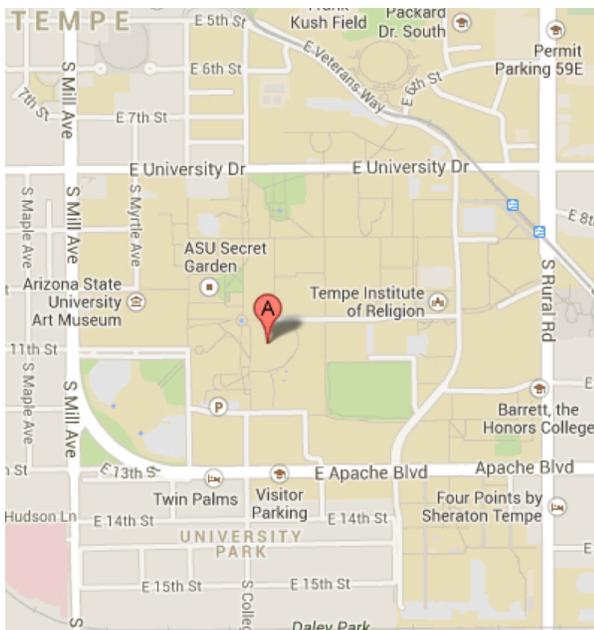
(Online registration available November 15th at www.azata.net)

Registration Category	Early Registration Nov. 1 – Dec. 31	Regular Registration Jan. 1 – Jan. 15	Late Registration Jan. 16- Meeting	
Member Saturday Only	\$45.00	\$65.00	\$90.00	Name / Credentials
Member Sunday Only	\$65.00	\$85.00	\$110.00	
Member Saturday/Sunday	\$85.00	\$105.00	\$130.00	Place of Employment
Non-Member Saturday Only	\$70.00	\$100.00	\$125.00	
Non-Member Sunday Only	\$95.00	\$125.00	\$150.00	Address
Non-Member Saturday/Sunday	\$180.00	\$210.00	\$235.00	
Graduate Student Saturday Only	\$35.00	\$60.00	\$85.00	City
Graduate Student Sunday Only	\$50.00	\$75.00	\$100.00	
Graduate Student Saturday/Sunday	\$60.00	\$85.00	\$110.00	
Undergrad Student Saturday Only	\$20.00	\$45.00	\$70.00	Zip
Undergrad Student Sunday Only	\$35.00	\$60.00	\$85.00	
Undergrad Saturday/Sunday	\$50.00	\$75.00	\$100.00	
Associate Member Saturday Only	\$45.00	\$70.00	\$95.00	NATABOC Certification #
Associate Member Sunday Only	\$65.00	\$90.00	\$115.00	
Associate Member Saturday/Sunday	\$100.00	\$125.00	\$150.00	
Retired Member	\$20.00	\$20.00	\$45.00	Registration Category
High School Student	\$35.00	\$35.00	\$50.00	Amount Enclosed
Exhibitor	\$250.00	\$250.00	\$250.00	

- Please circle the category for which you are registering.
- Early registrations must be postmarked on or before 12/31 to avoid regular registration fees.
- If registering after Jan. 1st, registration must be postmarked on or before Jan. 15th to avoid late registration fees.
- Refunds will be given before January 15th with a written request to Natasha Anderson. (treasurer@azata.net)
- FULL PAYMENT MUST ACCOMPANY REGISTRATION FORM.
- Registration will not be processed until all fees are paid-in-full.
- **Membership will be verified using the latest NATA/AzATA records. Individuals whose membership lapses prior to the start of the Winter Meeting will receive an invoice at the time of check-in in the amount of the difference between member and non-member registration for the category and day/days for which he/she registered.**
- A fee of \$10.00 will be assessed for any returned check.
- Recommended meeting attire is professional dress.
- If you have a special need, please notify the Meeting and Events Chair at least 2 weeks prior to the meeting so that appropriate accommodations can be made. (kara.cummins@mesacc.edu)

The AzATA no longer provides printed handouts for the Winter Meeting. Presentation handouts will be available to download off of the AzATA website (www.azata.net) approximately one week before the meeting. A reminder email will be sent to the email address on file with the AzATA to inform you that presentation materials are available for downloading.		Please make checks/PO's payable to: AzATA Mail completed form and payment to: Natasha Anderson 3724 N. 104 th Ave Avondale, AZ, 85392	
Meeting Location: ASU Memorial Union 301 E. Orange Mall Tempe AZ, 85281		Programming Questions? PEC Chair: Barton Anderson banderson@atsu.edu	
		Vendor Questions? M/E Chair: Kara Cummins kara.cummins@mesacc.edu	

Arizona State University
Student Union
301 E. Orange Mall
Tempe AZ, 85281



Hotel Information

Hyatt Place
1422 W. Bass Pro Dr.
Mesa, AZ 85201
(480) 969-8200
Room Rate \$129/night + tax
Request AzATA Room Block
Reservations must be made by
January 10th, 2014

AzATA Social

We are finalizing the details.
Please check AzATA.net for updates!

Student Associations Encouraged to Join the BU-SHU Challenge

Actively Supporting The NATA Research & Education Foundation

PURPOSE: Boston University and Sacred Heart University challenge all athletic training student groups to compete in raising money for the NATA Research & Education Foundation. The purposes of this challenge are to generate funds supporting research that lead to the best practice of athletic training, and to expose athletic training students to the world of research and the value of supporting research.

WHAT: All athletic training student groups at individual institutions are invited to compete. Initial contact will be made with program directors, who will issue the challenge to their respective student leaders. Student groups will then organize and implement fund-raising campaigns during the academic year. The money raised from this initiative will go to the unrestricted accounts of the NATA Foundation.



<http://www.natafoundation.org>



Please visit us on the web:
www.azata.net

Editor's Notes

Please send any stories, information, and/or pictures to include in the quarterly addition of the AZ Athletic Training Times to communications@azata.net.

In addition, I encourage you to please send me comments, suggestions, and submissions.

Thanks for reading,

Jacqueline

Jacqueline Heeman, AT
AzATA Newsletter Editor

AzATA Leadership Directory

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