

# THE ARIZONA ATHLETIC TRAINING TIMES

## Support the Bill

### H.R. 921: Sports Medicine Licensure Clarity Act

**Introduced Feb. 12, 2015 in the House by Rep. Brett Guthrie, R-KY, and Rep. Cedric Richmond, D-LA**

(Senate version expected to be introduced next week when Congress returns from recess) H.R. 921 clarifies medical liability rules for athletic trainers and medical professionals to ensure they are properly covered by their malpractice insurance while traveling with athletic teams in another state.

“Athletic trainers and sports medicine professionals frequently travel out of state with their teams, and current law is ambiguous as to whether or not their medical liability

insurance covers work performed out of state,” said Congressman Guthrie. “Without the clarity that their insurance covers them during these events, they are potentially exposed to personal liability.

“From high school to college to professional levels, these men and women are trained to protect and care for athletes, and a lack of clarity in the current system leaves them vulnerable. This legislation is a solution to this difficult problem faced by many athletic trainers and sports medicine professionals,” added Congressman Guthrie.

*From:*  
<http://guthrie.house.gov/latest-news/guthrie-richmond-introduce-sports-medicine-liability-bill/>

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## National Athletic Training Month

As you take pictures during the month of March to promote National Athletic Training Month, please tag the AZATA Facebook page, or if you haven't already go to <https://www.facebook.com/ArizonaAthleticTrainersAssociation> and like the page! Also, when tagging pictures from events please remember to use the hastages #NATM15 #NATMAZ.

Look out for events like the Coyotes Hockey game (pg.7) and Day at the Capitol (pg.2) to attend this month!

## We Need You!

*By Michelle Gonzalez*

The AzATA is assisting with RMATA Annual Clinical Symposium Registration in April at the Mesa Marriott Hotel. If you plan to be in attendance and wish to volunteer your time to help attendees with their registration process, please contact Michelle Gonzalez at [president@azata.net](mailto:president@azata.net) or 520-232-8439 or David Mesman at [vicepresident@azata.net](mailto:vicepresident@azata.net) or 928-812-1961.

The registration table will be open:

Wednesday April 8<sup>th</sup>: 6-8pm

Thursday April 9<sup>th</sup>: 7am-8pm

Friday April 10<sup>th</sup>: 7am-7pm

Saturday April 11<sup>th</sup>: 7am-2pm

Sunday April 12<sup>th</sup>: 7am-11am

Duties include checking in and registering attendees, handing out materials, and stamping CEU cards. No experience required! Come out and meet some new colleagues.

# AT Day at the Capitol

**March 3, 2015**

**REGISTER TODAY FOR THIS IMPORTANT  
EVENT**

Meet your law makers and help promote the profession. Visit [https://researchsupportatsu.qualtrics.com/jfe/form/SV\\_bPpskr6bHcTUTZP](https://researchsupportatsu.qualtrics.com/jfe/form/SV_bPpskr6bHcTUTZP) to register today!

## President's Message



Happy Athletic Training Month!

The next few weeks are a whirlwind of activity. Saturday March 7<sup>th</sup>, I hope you are joining us at Arizona Coyotes game for Athletic Trainer's Night. This last week was our annual AzATA AT Day at the Capitol. Many athletic trainers and students met with their respective legislators to discuss issues pertaining to the profession. Many schools and clinics are holding activities to promote athletic training as well. Share your events with the association by letting us know at [communications@azata.net](mailto:communications@azata.net). We will help you out!

Our Annual Meeting and Clinical Symposia was held in January to an unprecedented turnout. Thank you to Mike McKenney and his Professional Education Committee for a great lineup of speakers and topics. He and his committee are diligently working on the agenda for the summer meeting in Flagstaff which will be held on July 18-19<sup>th</sup>. Also, I want to extend a big thank you to Leah Oliver and her subcommittee who put together a combined AzATA-HOSA High School Student Symposium on Saturday. Over one-hundred high school students participated in educational sessions and the Regional HOSA Sports Medicine Competition.

In addition, the membership voted to pass amended changes to our AzATA Constitution and By-Laws. The revisions bring them into line with both the NATA and RMATA policies and procedures. The elections for the Board of Directors, to be held later this year, will change slightly. Elected positions will now include president, vice-president, secretary, and four at-large member representatives. There will no longer be criteria that at-large members represent a specific professional tract. Due to the need for consistency and the knowledge necessary, the Treasurer's position will be appointed by the Board.

The elections nomination process will open May 1<sup>st</sup> and will close at the culmination of the Summer Meeting on July 19<sup>th</sup>. More information will be forthcoming as we get closer. If you want to make a difference for Arizona athletic trainers, or know of a colleague who would be a good leader, please consider nominating them for a Board position.

Finally, the RMATA District Annual Clinical Symposium will be held in Mesa on April 9-12. The AzATA is hosting a Night with the Diamondbacks on Friday April 10, when they take on the Los Angeles Dodgers. We have a group of tickets available for sale. Come on out and spend an evening of baseball with your fellow District 7 colleagues. There will be round-trip transportation available from the Mesa Marriott. See our webpage of the RMATA registration page for more details.

Have a wonderful Athletic Training Month and Happy Spring!

**MICHELLE**

Michelle Gonzalez, MS AT

President, AzATA

## RMATA in Mesa

This year the RMATA symposium is in Mesa, AZ. If you are in need of last minute CEU's or the 10 EBP CEU required by the end of the year, this would be a great local conference for you to attend! For more information on pricing or to register please visit, <http://www.rmata.org/register2015>.

<b>Thursday, April 9</b>	<b>4.25 Non-EBP CEU; 3.0 EBP CEU*</b>
8:00 - 9:30 am	GENERAL SESSION -- Put away your screwdriver and put on your tool belt: An evidence-based approach to manual therapy integration, Tim Speicher, PhD, ATC, LAT, CSCS, PRT (1.5 CEU)
9:45 - 10:30 am	GENERAL SESSION -- New research on treatment of the pediatric ACL, Katherine Mathews, MS ATC (1.75 CEU)
10:30 - 11:30 am	GENERAL SESSION -- Pediatric Overuse Injuries, Amy Overlin, MD (1.0 CEU)
11:30 am - 12:30 pm	State Meetings
1:30 - 2:30 pm	GENERAL SESSION -- NATA Update, Chris Mathewson, MSS, ATC, CSCS, NATA District 7 Director (1.0 CEU)
2:30 - 5:30 pm	GENERAL SESSION -- Electrotherapy for patient care: Evidence-based practice to stay 'current,' David Draper, EdD, ATC, FNATA -- (3 EBP CEU)
5:30 pm	Exhibitor Social
6:30 pm	Student Quiz Bowl
<b>Friday, April 10</b>	<b>10.5 Non-EBP CEU</b>
7:00 - 8:00 am	Student Symposium Breakfast (Sponsored by Cramer)
8:00 am - 12:00 pm	Robert Ryan Student Symposium
8:00 - 9:00 am	WORKSHOP -- Improved Alternate Methods to Assess Concussion, Scot Raab, PhD, ATC, Amanda Borges, DPT, Monica Lihinger, PhD, ATC, Allisha Wilsey, ATC (1.0 CEU)
8:00 - 9:00 am	SPECIAL TOPIC -- Anterior Hip Impingement: Conservative Management with Functional Manual Therapy, Rob Blackaby, DPT, ATC, CFMT (1.0 CEU)
8:00 - 8:45 am	SPECIAL TOPIC -- Leadership: Being Comfortable in Your Own Skin, Chris Mathewson, MSS, ATC, CSCS (1.0 CEU)
9:00 am - 12:00 pm	Exhibits Open to ATC only
9:00 am - 12:00 pm	Secondary School Athletic Trainers' Roundtable, Lisa Walker, MS, ATC, moderator (3.0 CEU)
9:30 - 10:30 am	SPECIAL TOPIC -- Do you need an Electronic Medical Records (EMR) system?, Rhett Keffer, MBA (1.0 CEU)
10:45 - 11:30 am	SPECIAL TOPIC -- NATA Position Statements: Impact on the Practicing AT, NATA Pronouncements Committee (1.75 CEU)
11:00 am - 12:00 pm	SPECIAL TOPIC -- Public Relations Strategies for Athletic Trainers: Tips, Tricks, & Best Practices, Jeb Davis, MS, ATC (1.0 CEU)
1:00 - 4:00 pm	Exhibits Open to all attendees
1:00 - 5:00 pm	Leadership Program -- How to Lead in Athletic Training and Life, Matt Weber, ATC, Scott Linaker, MS, ATC (4.0 CEU)
1:00 - 2:00 pm	WORKSHOP -- Assessment of vestibule-ocular function following sport-related concussion, Tamera Valovich-McLeod, PhD, ATC, FNATA, John Helick, PT, DPT, OCS, NCS (1.0 CEU)

(Continued on page 5)

## DATES TO MARK ON YOUR CALENDAR

June 23-26:

NATA National Convention will be in St. Louis. Please visit <http://convention.nata.org/education/> to register and for more information.

Free CEU's:

Make sure you are taking advantage of Free CEU's from the NATA Quiz Center, Gatorade, and Mueller by visiting their prospective websites.

Having trouble keeping track of your CEU's?

If so check out this new professional continuing education app by visiting [www.thejoyceapp.com](http://www.thejoyceapp.com) for more information

1:00 - 2:30 pm	Free Communications Oral Presentations
1:30 - 2:30 pm	SPECIAL TOPIC -- Functional Role of Dietary Carbohydrate Sugars for Athletic Performance, Roberta Anding, MS, RD, LD, CDE, CSSD (1.0 CEU)
2:30 - 3:00 pm	Exhibitor Snack Break
3:00 - 3:30 pm	SPECIAL TOPIC -- Effect of Salted Ice Bags on Intramuscular Tissue Cooling & Rewarming Rates, Jennifer Ostrowski, PhD, ATC, Eric J. Hunter, MS, ATC, Caitlyn D. Martin, MS, ATC (0.5 CEU)
3:00 - 4:00 pm	SPECIAL TOPIC -- Appearance & Performance Enhancement Drugs: A Pragmatic Look, Bryan Parker (1.0 CEU)
4:00 - 5:00 pm	SPECIAL TOPIC -- Rectal Temperature Assessment Need Not Be the Gold-Standard, Scot Raab, PhD, ATC, Monica Lininger, PhD, ATC, Rober Bounds, PhD, CHES, Dierdra Bycura, EdD, ACSM-HFS, cPT, Moriah Larsen (1.0 CEU)
4:30 - 5:30 pm	SPECIAL TOPIC -- Sport Specific Training for Hamstring / ACL Injury Prevention, Michael McFadden, MS, CSCS, HFS (1.0 CEU)
4:30 - 5:30 pm	SPECIAL TOPIC - The Medical Model, NATA Professional Committee Members (1.0 CEU)
6:30 - 8:30 pm	Educators' Roundtable, Debbie Craig, PhD, ATC, moderator (2.0 CEU)
<b>Saturday, April 11</b>	<b>2.0 Non-EBP CEU; 3.0 EBP CEU*</b>
8:00 - 9:00 am	GENERAL SESSION -- Aiding the Student-Athlete in the Classroom: Do cognitive rest and academic adjustments improve outcomes?, Tamara Valovich-McLeod, PhD, ATC, FNATA -- <b>(1.0 EBP CEU)*</b>
9:15 - 10:15 am	The State of Concussion in Arizona, Javier Cardenas, MD (1.0 CEU)
10:30 am - 12:30 pm	What IS this Evidence Based Practice Concept? And what does it mean for a practicing ATC?, Mikaela Boham, EdD, ATC, Andrea Cripps, PhD, ATC -- <b>(2.0 EBP CEU)*</b>
1:30 - 2:30 pm	Keynote Address, Speaker TBA (1.0 CEU)
2:30 - 4:00 pm	RMATA Annual Meeting
4:00 - 5:30 pm	Town Hall Meeting
6:00 pm	Hall of Fame Banquet
<b>Sunday, April 12</b>	<b>3.0 EBP CEU*</b>
8:00 - 9:00 am	GENERAL SESSION -- Sensitivity & Specificity and Their Role in Evidence Based Practice, Callee Welch, PhD, ATC -- <b>(1.0 EBP CEU)*</b>
9:15 - 10:15 am	GENERAL SESSION -- Patients should drive patient care decisions: utilizing patient-oriented outcome measures at the point-of-care, Kenny Lam, ScD, ATC -- <b>(1.0 EBP CEU)*</b>
10:30 - 11:30 am	GENERAL SESSION -- What Makes You So Special? Choosing the Right Special Test in Clinical Practice, Glenn Edgerton, EdD, ATC, Monica Lininger, PhD, ATC -- <b>(1.0 EBP CEU)*</b>

\* EBP Category Presentations are subject to final BOC approval

## SAFE PLAY Act Introduced

*From NATA Update*

NATA announced the introduction of the Supporting Athletes, Families and Educators to Protect the Lives of Athletic Youth (SAFE PLAY) Act on Tuesday, February 10, 2015.

Presented in the U.S. Senate and in the U.S. House, this legislation helps school districts develop concussion safety while encouraging increased surveillance efforts for life-threatening cardiac conditions in children. NATA had an integral role in the introduction of this comprehensive legislation, which also recommends a multidisciplinary approach to research and federal support to ensure our student athletes are kept safe in schools. Read more about the SAFE PLAY act and how you can support it in our [NATA NOW blog](#).

## AzATA Winter Award Winners

Please take time to congratulate this years award and scholarship winners!



Warren H. Lee Athletic Trainer of the year recipient was Scott Ellis.



AzATA Service Award recipient was Scott Raab.



Hall of Fame inductee Laurie White.



Left: Lanny Williams Scholarship winners were Kiana Ling, Madison Petrusha, and Jordyn Talerico

# ARIZONA COYOTES HOCKEY

## NATIONAL ATHLETIC TRAINERS ASSOCIATION NIGHT!

TOGETHER WE'RE  
FULL STRENGTH



March is National Athletic Trainers' month and the Arizona Coyotes are excited to host and honor all Athletic Trainers in Arizona. Join us for a fun filled night out at Gila River Arena on Saturday, March 7th. Discounted tickets are available, while supplies last.



vs.



Arizona Coyotes vs. Montreal Canadiens  
Saturday, March 7, 2015  
5PM – Gila River Arena

### TICKET PRICES:

\$65 Lower Level Ends *T & Up* (reg. \$85)  
\$35 Upper Level Ends *H & Up* (reg. \$45)

\*A \$4.50 City of Glendale facility fee is included per ticket per game.  
\*Subject to availability

Deadline to order is Monday, February 23, 2015

Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

Lower Level Tickets @ \$65 \_\_\_\_\_  
Upper Level Tickets @ \$35 \_\_\_\_\_  
Per order handling fee = \$ **\$3.00** \_\_\_\_\_  
Total Due = \$ \_\_\_\_\_

Card # \_\_\_\_\_  
Exp. Date \_\_\_\_\_ CID # \_\_\_\_\_  
Signature \_\_\_\_\_



**TO PURCHASE TICKETS, PLEASE CONTACT:**  
Ron Kordonowy, Greenway High School  
3930 W. Greenway Rd.  
Phoenix, AZ 85335  
Phone Number: 602-318-7606  
Email: ron.kordonowy@guhsdaz.org



## AzATA Award Nominations

During National Athletic Training Month take time to reflect and give thanks to the people who have influenced us over the course of this year, or even our careers. Please take a moment to read through the possible awards for this year and nominate your colleague accordingly. Nominations are due December 2015. So don't delay, nominate today!

### **AzATA Service Award**

The AzATA Service Award is given to an athletic trainer for their continued efforts, time and skills as it relates to improvement of the profession of athletic training. Those efforts can include but are not limited to serving on committees, working with licensure board, serving as an officer within the AzATA, etc.

### **Non-Certified Service Award**

This award will go to one non-athletic trainer individual whose contributions positively impact the profession and/or association. Examples could include but are not limited to athletic directors, coaches, or parents. Nomination letters should include the person's contributions and why this individual is deserving of this award.

### **Warren H. Lee Athletic Trainer of the Year Award**

The Warren H. Lee Athletic Trainer of the Year Award is given to an individual who has helped elevate the status of our profession at the state level and set themselves apart as an outstanding athletic trainer. It is intended for an individual who has contributed to the profession, association, place of employment and the community beyond the call of duty.

### **AzATA Hall of Fame Award**

The AzATA Hall of Fame Award is the highest honor we bestow upon our members. It recognizes individuals that have shaped the profession through their noteworthy accomplishments and dedication to service, leadership and professionalism. Every so often a truly gifted person comes along whom, by genius, hard work, and exceptional talent sets themselves apart and distinguishes themselves as the very best of our profession.

Please visit:

[http://www.azata.net/awards\\_scholarships/nominating](http://www.azata.net/awards_scholarships/nominating) for more information about awards. In addition please email questions and award information to:

**Johanna Elliot**

[johanna.elliott@azwestern.edu](mailto:johanna.elliott@azwestern.edu)



A special Thank You to Centennial Sales for their continued Financial Support of the AzATA!

Please visit their website for all of your Athletic Training Supply Needs:

[www.centennialsales.com](http://www.centennialsales.com)

## Student Associations Encouraged to Join the BU-SHU Challenge

Actively Supporting The NATA Research & Education Foundation

**PURPOSE:** Boston University and Sacred Heart University challenge all athletic training student groups to compete in raising money for the NATA Research & Education Foundation. The purposes of this challenge are to generate funds supporting research that lead to the best practice of athletic training, and to expose athletic training students to the world of research and the value of supporting research.

**WHAT:** All athletic training student groups at individual institutions are invited to compete. Initial contact will be made with program directors, who will issue the challenge to their respective student leaders. Student groups will then organize and implement fund-raising campaigns during the academic year. The money raised from this initiative will go to the unrestricted accounts of the NATA Foundation.



<http://www.natafoundation.org>



Please visit us on the web:

[www.azata.net](http://www.azata.net)

### Editor's Notes

Please send any stories, information, and/or pictures to include in the quarterly addition of the AZ Athletic Training Times to [communications@azata.net](mailto:communications@azata.net).

In addition, I encourage you to please send me comments, suggestions, and submissions.

Thanks for reading,

*Jacqueline*

Jacqueline Heeman, AT  
AzATA Newsletter Editor

### AzATA Leadership Directory

#### **President**

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