



ARIZONA ATHLETIC TRAINING TIMES

In This Issue...

Welcome to the Autumn edition of the AzATA Newsletter. The Communications Committee is proud to provide updates on the activities of the AzATA, as well as information on future events.

In the following pages, you will find information on the upcoming **Annual Winter Symposium, CEU opportunities, and updates from the AzATA standing committees.**

As editor of the AZ Athletic Training Times, I invite you to send any newsworthy information or announcements to me so that it can be included in future editions of the newsletter.

Lastly, make sure to connect with us out on Social Media!

Janele Roche, AT
Editor, Arizona Athletic Training Times

AUTUMN 2017

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2017 Title Sponsor

Happy Autumn!

As we are now in the last half of 2017, and the end of the 2015-2017 BOC CEU reporting period, I would like to remind members that if you are short on continuing education units, please check out *Innovative CEUs*. The AzATA has collaborated with ICEU to provide educational opportunities. Our PEC has offered some great programming over the past couple of years that you may have missed. These topics can be accessed via our azata.net website or directly by going to:

https://innovativeceus.com/CourseProviders.php?client_id=114&category_id=2&sub_category_id=9.



The AzATA and our Governmental Affairs Committee was honored at the 2017 NATA Annual Clinical Symposia and AT Expo in Houston. The GAC received the Dan Campbell Legislative Award for their efforts to defeat HB2613 in 2016, which would have eliminated our state regulatory board. This award gives fantastic national recognition of the AzATA and our active membership.

We are steadily approaching our 2019-2020 sunset-sunrise legislative process, and with the information provided to the AzATA by the Arizona Board of Athletic Training's Stakeholder Survey, we are initiating our preparation to revisit the Arizona athletic training statutes. The GAC is planning a luncheon on the Capitol grounds with our legislators in early March so please be aware of upcoming information on the 2018 Day at the Capitol. Our goal is to have this process go as smooth as the 2009-2010, and that requires assistance from all AzATA members.

Registration is underway for the 2018 Winter Symposium. It will be held at the Four Points Sheraton in Phoenix on January 27-28th. Also following the Saturday session will be the Annual AzATA Casino Night. If you have never attended, you have missed the camaraderie and fun! Please consider attending this year. Funds generated will be contributed to our Legislation Action Fund.

In addition to the meeting, the AzATA/HOSA High School Student Session will host a HOSA Sports Medicine Regional Competition. This session is open to not only HOSA students, but to any high school student who may be interested in the field of athletic health care. Please remember that HOSA members must register through the azhosa.org website.

On behalf of the AzATA Board of Directors, I thank you for your continued membership and support of the AzATA. We are doing our best to work for you.

Sincerely,

Michelle

Michelle Gonzalez, MS AT

President, AzATA

Committee Updates

Honors and Awards

Nominations for honors and awards must be received by **December 1st, 2017** for consideration.

Lanny Williams Scholarship -- \$500 award to 3 Senior High School Athletic Training Student Aides

Qualifications: 2 years of experience
Submission of transcripts
Letters of recommendation by supervising AT,
coach/administrator/physician

Michael E. Nesbitt Scholarship -- \$750 award to 1 Collegiate Athletic Training Student

Qualifications: AzATA member
2 years collegiate experience
Submission of Transcripts
Recommendation by ATC, Program Director/Clinical Coordinator
1 letter of recommendation from coach, administrator, or physician

Both scholarships require an essay on what their athletic training experience has meant to them.

Get involved and nominate your peers for the following awards: AzATA Service award, the Warren H. Lee award, and the AzATA Hall of Fame.

Awards for non-certified individuals who give so generously to our profession include: the President's Award and the Richard T Ball Lifetime achievement award.

Detailed information about the awards and scholarships as well as nominating forms can be found on the AzATA website at: www.azata.net/awards.

Connie Weaver

Chair - AzATA Honors and Awards Committee



2017 High School Section Co-Sponsor

Sponsorship

We look forward to the Casino Night on January 27, 2018. Come join our sponsors for an evening of fun and amazing giveaways!

The committee has been hard at work communicating with new sponsors. We currently have 66 leads for the upcoming year.

The Sponsorship Committee is actively recruiting members for its team. The Committee is responsible for soliciting private and corporate donation/sponsorship for the AzATA. If you are interested in becoming involved in the State association, this is an excellent opportunity to create lasting communication networks with sponsors and other allied health professionals. Please contact Chuck Baughman at sponsorship@azata.net for more information.

Chuck Baughman
Chair, AzATA Sponsorship Committee

Meeting & Events

The summer symposium was very successful. We had a special Friday evening EBP event this year that 20 people took advantage of the opportunity. We also had 99 registrants for Saturday and Sunday. We hope to continue our social event at Collin's in the future, as it was well attended and enjoyed by all.

Mark your calendars for **January 27-28, 2018** for the 41st Annual Winter Symposium. It will be held at the Sheraton Four Points (North). Registration is underway.

A big "Thank You" for those who participated in the Portillo's Fundraising effort in August. There were \$175 in sales, generating \$35 in profits. For a first time run, we are pleased and look forward working more events with higher goals. Keep watch for other fundraising events!

Samantha Gordon
Chair, Meeting and Events Committee

Professional Education

The 41st annual Winter Symposium topic and speaker line up is finalized and included in this newsletter. AT's who attend will receive up to 11-13 CEU's with 5-7 EBP Category. Regular Registration for the meeting runs through January 15, 2018.

Keep watch of your email to get the latest information on this event.

Michael McKenney
Chair, Professional Education Committee



Governmental Affairs

Greetings! At the NATA Annual Convention in June, the AzATA received the 2017 Dan Campbell Class I award which acknowledges outstanding efforts towards legislation. We thank all members for engaging in the legislative process and participating in our efforts to maintain our status as licensed healthcare professional in the state. Our association is proud of this recognition and we look forward to continued legislative successes as we move closer to the Sunset/Sunrise process of our practice act in 2020.

As we gear up for Sunset/Sunrise, our legislative presence at the Arizona state legislature must increase and relationship with legislators must be made. From past experience, engaging with legislators not only increases visibility of the profession but enhances personal relationships with legislators and members. These relationships also provide an opportunity to call attention to important legislative activities, such as Sunset/Sunrise.

A significant factor in our strategy for Sunset/Sunrise relates to the 2016 election which resulted in 25 new legislative members (out of a total of 90) elected across 17 districts (out of a total of 30). Because of the large number of new legislators, we must continually engage and educate members of the legislature and foster improved relationships.

Thus, for the next several years, we will be creating opportunities to help foster legislator –AzATA member relationships through several strategies, including lunch on the lawn events that coincide with Athletic Training (AT) Day at the Capitol. **Please save-the-date for AT Day at the Capitol scheduled for Monday, March 5, 2018.** We will be sending more information about the event to you in the coming months, but please mark your calendars now so that you can join us!

We would also like to take this opportunity to thank long-standing members of the GAC who include Mike Boese, Debbie Craig, George Goodridge, Kenny Lam, Derick Lehman, Lindsey Loughran, and John Neel for all their efforts to support initiatives of the GAC as well as welcome Krista Hixson and Greg Latta who recently joined our committee. Our committee is also supported by Rick Ball and Susie Cannata, and we are grateful for their contributions as well.

Best,

Alison and Laurie

Laurie White & Alison Valier
Chair, Governmental Affairs Committee

Announcements

AzATA board member, Leah Oliver, MS, AT, of Mountain View High School in Marana has been selected as a Semifinalist for the Arizona Educational Foundation teacher of the year! She will be honored and recognized November 7, 2017 along with nine others who have shown exceptional skills in the classroom.

To be nominated for this award, applications are submitted and reviewed by a panel of educators and business members in the community. Once selected into the top 10 category, finalists prepare a 15 minute unedited video of teaching in the classroom, and an interview and impromptu speech.

Leah has been an Athletic Trainer and a Sports Medicine teacher at Marana Mountain View since 1989. In her 28 years, the sports medicine program has grown from just 1 class to 12! Leah received the NATA Service Award in 2017 and inducted to the AzATA Hall of Fame in 2013.

The AzATA board and its members are proud of Leah and her accomplishments and dedication to this profession on the field and in the classroom.

Way to go Leah!!



GATORADE®

2017 Co-High School Section Sponsor

41st Annual AzATA Winter Symposium

January 27-28, 2018

Four Points by Sheraton – Phoenix North

2532 W Peoria Ave, Phoenix, AZ 85029

Symposium Topics

Saturday

- **Heart Rate Variability**
- **Growth Plate Injuries in Young Athletes**
- **Improve Patient Care through Clinical Research: Making EBP a Reality**
- **Lower Limb Preventive Training Program Best Practice and Implementation**
- **Chronic Ankle Instability: Diagnosis & Treatment**
- **Governmental Affairs Committee Update**

Sunday

- **Concussion is Treatable: A Systematic Approach to Treating Concussions**
- **Update on Concussion from the Berlin 2016 Meeting**
- **A Systematic Review of Concussion Reporting Behaviors of Athletes**
- **Influence of assessors on appropriate medical care**
- **AIA Executive Leadership & SMAC Update**
- **Athletic Program Safety Audit: Concepts and Tool**

Symposium Objectives:

1. Identify and describe the final products of the Berlin International Concussion consensus meeting.
2. Identify the potential treatments for concussion based on existing evidence
3. Discuss the importance of sleep on the recovery after concussion and describe ways to educate your patient on strategies to help with sleep.
4. Understand the different profiles/subtypes/ deficits that can occur with concussion and know what activities can exacerbate the symptoms of each.
5. Describe the evidence for and against cognitive rest and academic accommodations following concussion and discuss how they can be implemented when required.
6. Identify athletes that have uncertainty of returning to play after experiencing a catastrophic injury.
7. Discuss how to help these athletes use their emotions as a positive thrust to their performances.
8. Discuss the current literature investigating concussion reporting behaviors.
9. Explain the current state of evidence for PTPs (preventive training programs)
10. Discuss the 7-steps for successful PTP (preventive training program) design and development and apply considerations and strategies for success to different sport settings for real-world implementation
11. Discuss ways to make EBP a reality in your own athletic training room

2018 AzATA Winter Symposium Registration Rates

(Registration available at www.azata.net)

Registration Category	Early Registration Open – Nov. 14	Regular Registration Nov. 15 – Jan. 15	Late Registration Jan. 16- Meeting
Member Saturday Only	\$60.00	\$70.00	\$85.00
Member Sunday Only	\$65.00	\$80.00	\$95.00
Member Saturday/Sunday	\$105.00	\$125.00	\$150.00
Non-Member Saturday Only	\$100.00	\$120.00	\$140.00
Non-Member Sunday Only	\$105.00	\$125.00	\$150.00
Non-Member Saturday/Sunday	\$185.00	\$220.00	\$265.00
Graduate Student Saturday Only	\$35.00	\$40.00	\$50.00
Graduate Student Sunday Only	\$40.00	\$50.00	\$60.00
Graduate Student Saturday/Sunday	\$55.00	\$65.00	\$75.00
Undergrad Student Saturday Only	\$35.00	\$40.00	\$50.00
Undergrad Student Sunday Only	\$40.00	\$50.00	\$60.00
Undergrad Saturday/Sunday	\$55.00	\$65.00	\$75.00
Associate Member Saturday Only	\$55.00	\$65.00	\$75.00
Associate Member Sunday Only	\$60.00	\$70.00	\$90.00
Associate Member Saturday/Sunday	\$115.00	\$135.00	\$165.00
Retired Member	\$20.00	\$20.00	\$45.00

- **ALL registrations must be completed online via www.azata.net**
- Information on how to mail in your payment will be included in your registration confirmation email.
- If you wish to pay by PO, please register online and provide the invoice to you to your school for payment.
- Any questions regarding registration/payment should be directed to Natasha Anderson (treasurer@azata.net)
- A 100% refund will be given with a written request to Natasha Anderson (treasurer@azata.net) before **January 15, 2018**, after this date, no refunds will be given.
- **Membership will be verified online using the latest NATA/AzATA records. Individuals whose membership lapses prior to the start of the Winter Meeting will receive an invoice at the time of check-in in the amount of the difference between member and non-member registration for the category and day/days for which he/she registered.**
- A fee of \$10.00 will be assessed for any returned check.
- Recommended meeting attire is professional dress.
- If you have a special need, please notify the Meeting and Events Chair at least 30 days prior to the meeting so that appropriate accommodations can be made. (events@azata.net)



The AzATA is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. An estimated total of 11-13 CEUs will be available for those attending the entire duration of the meeting. According to the education levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Essential Level

Online CEU Courses from the AzATA

The AzATA is working with Innovative CEUs to make online CEU courses available to the AzATA Membership and the public. The following courses are now available:

Practical Approach to Adolescent Sports Nutrition

1.00 Category A BOC Home Study CEU's
COST: \$ 29.99



Spinal Motion Restriction

1.00 Category A BOC Home Study CEU's
COST: \$ 29.99

Reliability and Validity of Using Mouth Guard Sensors to Measure Force During Hitting in High School Football

0.75 Category A BOC CEU's
COST: \$ 29.99

Visit <https://innovativeceus.com>

Look for the AzATA under Providers



**2017 Co-High School
Sponsor**

4th Annual

AzATA

CASINO NIGHT

- ♠ Saturday, January 27, 2018
- ♠ 7pm - 10pm
- ♠ Four Points by Sheraton Phoenix North
2532 W Peoria Avenue, Phoenix
- ♠ Adults only please-18 & older
- ♠ Tickets: \$25 for AzATA Members
\$35 for non-members
 - *Tickets may be purchased by going to the AzATA website: www.azata.net
 - *Additional tickets may be purchased at the door.
- ♠ Appetizers and cash bar available

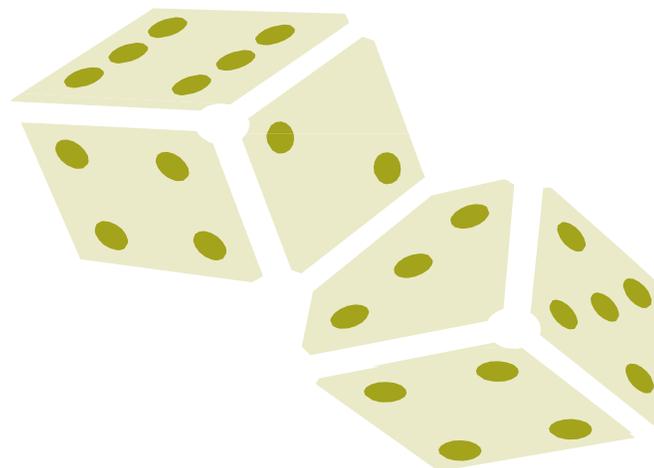
*Support
Athletic Trainers

Keeping athletes
safe*

Lots of

**GREAT
PRIZES**

to be raffled



Proceeds to support AzATA Legislative Activities.

For more information contact:

Danelle Dykstra-Wade at 602-243-8232 or

email to danelle.dykstra@southmountaincc.edu

A few Reminders:

- It is a reporting year! Don't forget to get those last CEU's before the end of the calendar year to be up to date with your certification.
- Mark your calendars:
 - Scholarship & Awards Nominations – Dec 1st
 - 41st Annual Winter Symposium – Jan 27th-28th
 - AT Day – March 5, 2018
- HS AT? Complete the annual ATLAS Survey
 - www.ksi.uconn.edu/nata-atlas/

Into Social Media?

- Facebook: ArizonaAthleticTrainersAssociation
- Twitter: @AzATA_News
- Instagram: azatanews



Editor's Notes

Please send any stories, information, and/or pictures to include in the quarterly publication to communications@azata.net.

As always, we welcome your comments, suggestions, and submissions. Together, we can keep each other informed.

Until Next Time,

Janele Roche, ATC
Newsletter Editor

Barton Anderson, DHSc, AT -
Chair, AzATA Communications Committee

AzATA Leadership Directory

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